



Your Ashton Area Chamber of Commerce wants to wish everyone a very Merry Christmas and Happy New Year! We are looking forward to a busy and great 2013! Some things to watch for:

- * We are gearing up for our Membership Drive! Please support your Chamber and become a member! \$25/individual; \$50/non-profit; \$75/business; \$250/premium member.
- * We will be having elections for a new board in March. You are needed to serve! Please contact Karie Rigby @ Bank of Idaho or Rachel Hatton if you are interested in being a board member for the next two years.
- * Also, our <u>Soup Challenge</u> will be during the American Dog Derby once again. So all you wonderful cooks get those recipes out and be ready to compete February 15, 2013 with your best soup recipe!

Christmas Cantata

Zion Lutheran church would like to cordially invite the public to attend their annual Christmas Cantata entitled this year as:

> "Emmanuel God With Us!" Arranged & Composed by Lloyd Larson

When: Thursday, December 20th

Time: 7:00pm

Where: Zion Lutheran Church

Refreshments will be served afterwards.

Information deadline for the Newsletter is due by 8 AM on the Saturday prior to the first and third Tuesday of the month. Please email anything you would like posted to info@ashtonidaho.com or leave a message at 652-3355.

Business Spotlight:

With the gloominess and dreariness of winter approaching some of us may feel a little down or even somewhat depressed. The lack of sunshine will do that to even the most cheerful person. This is why we are delighted to spotlight a business that can provide services for our community. Joyce Lewis is the owner of **Arcadia Mental Health Resources, INC** located in St. Anthony. She is originally from southern California





and her husband is from St. Anthony. She and her husband love St. Anthony and opened shop here in the Upper Valley to be closer for Ashton and Island Park residents, meeting the needs of Fremont County. Before opening Arcadia Mental Health Resources, INC, she worked for another agency which downsized. She still saw a need in our community/county and in 2008 started the paperwork to open her own business. After the 9 months it took to be certified under Medicaid the patients started coming. In the beginning, Arcadia Mental Health Resources, INC only provided (PSR) Psychosocial Rehabilitation. Now in their more spacious current location they are able to offer counseling and medication management. Once a month Darrin Robertson, PMHNP from Pocatello, who works at the Safe Haven there; comes to Arcadia Mental Health Resources. INC to evaluate ones condition, write prescriptions. and provide follow up visits to be sure you and your medications work well together. He provides the in-depth management of medications for psychiatric disorders. Also in the office are two (LCSW) Licensed Clinical Social Workers. Karen Eli works with Psychotherapy (Counseling) at the center. Leif Sorensen is also a Psychotherapist, but he is working at specializing in becoming a Trauma Recovery Service Provider. Those that would qualify for Trauma Recovery include burn victims, military men & women, domestic abuse, traumatic loss and grief, and many others. Services at Arcadia Mental Health Resources, INC are for both adults and children. Accepting most insurances, Medicaid, and Medicare and welcoming new patients anytime; we as your Chamber of Commerce encourage you to check out Arcadia Mental Health Resources, INC. Let them help you if you are having a tough time. Their doors are open M-F from 9-5 at 104 N. Bridge St. #104 in St. Anthony. Or you may give them a call at 624-2006 or email them at arcadia@cableone.net

ASHTON CHAMBER OF COMMERCE NEWSLETTER— December 18, 2012 FREE COPY



A sincere "Thank you" to Teresa Hansen and Brandy Burlage for organizing our Community Christmas program once again. It was a delight and great success!



Beauticians Tammy Kent and Celeste Hepworth are ready to attend to your hair needs! Whether you need a perm, a different hair color,

or just your "ears lowered" as they used to say for haircuts; they are open Monday -Friday from 9-5. Make your appointment today by calling them at 652-3606. It's time to get spiffed up for those up-



coming holiday parties! Also, come check out their Christmas specials on their hair products!



108 S. Hwy. 20—Ashton, ID (208)652-7771



The Red Hats would like to give a sincere "Thank You" to all our churches in our community, to the schools, many businesses, and all individuals who helped with the "Giving Tree" this year.

Your efforts were truly appreciated!



Come and enjoy some yummy Mexican food! Breakfast, Lunch, and Dinner 8am-9pm Mon.-Thurs. & 8am-10pm Fri.-Sat. Located at 514 Main St. Ashton, ID Call for your orders to go at 652-7225.

Community Calendar

- Dec. 20—Zion Lutheran Christmas Cantata @ 7pm
- Dec. 22—First day of Winter
- Dec. 25—MERRY CHRISTMAS!
- Dec. 31—NEW YEAR's EVE

**The next newsletter will come out on Jan. 8th. (due to the 1st being a holiday and the first Tues. The Newsletter will come out the following week.) Please have information to the Chamber by the Saturday before. Thank you!

The Ashton Elementary school's auction item is will be an Island Park Cabin rental package (which includes dinner at Trouthunter, snow machine rental and much more) from Dec. 7- Dec. 20. Go to the school and bid in the office during school hours! Items coming up for the new year is a Quilting Bee and a Super Bowl Package...stay tuned to Newsletter for more details!

We encourage all to continually support our Ashton **Businesses!!**

Email info@ashtonidaho.com with your events time and description to get your event posted FREE! For more event details visit our on-line Community Calendar at www.ashtonidaho.com We place events on our community calendars for free!



Ashton's Spirit of Christmas was a great gathering to begin the holiday season. Thank you to all the townspeople who came to shop and visit; to all the local vendors who offered such a wide variety of gifts; to those who donated soups from the Flavors of Ashton cookbook; to the musicians/singers who both entertained and reminded us of the reason for the season; to the creative people who donated Christmas stockings for the auction, the generous people who purchased them, and the auctioneers who made the fundraiser a success; and finally to Santa for his visit. The Ashton Community Foundation and the GEMS appreciate such wonderful support, and wish everyone a Merry Christmas!

